

Arthonorm  
Anti Arthritic Capsules

- ⬆ Arthritis
- ⬆ Backache
- ⬆ Inflammations
- ⬆ Degenerative Neuro-Musculo-Skeletal problems

Dosage: 1-2 capsules 2-3 times daily or as advised by the Physician.  
Package: 60 cap.



Arthonorm Oil

- ⬆ Arthritis
- ⬆ Degenerative Neuro-Musculo-Skeletal problems
- ⬆ Cartilage damaged condition also

Apply warm oil on particular area, give circular massage with gentle manner and keep like 2-3 hour like that, then give fomentation with hot water.  
Package: 100 ml



Amla Swarasam

- ⬆ Anti diabetic
- ⬆ Useful in diabetic complications
- ⬆ Gastric problems

Dosage: Take 15 ml of Swarasam add equal quantity of warm water, twice a day.  
Package: 1000 ml



Ashwagandhadi Lehyam

- ⬆ General weakness
- ⬆ Fatigue
- ⬆ Vigor and Vitality
- ⬆ Insomnia

Dosage: 3-5 g with milk  
Package: 450 grams



Amrutha Dhara

- ⬆ Cold and cough
- ⬆ Nasal congestion
- ⬆ Headaches

Note: External Application only  
Package: 10 ml



Amla Amruth

- ⬆ Cooling of the Body
- ⬆ Useful in general debility
- ⬆ Gastric problems

Dosage: 3-5 g twice a day  
Package: 450 g



Druffgone Hair Oil

- ⬆ Dandruff
- ⬆ Itching of scalp
- ⬆ Hyper Keratosis
- ⬆ Hair fall

Usage: Take required quantity of warm oil and make massage on scalp keep like entire night and next day go for head bath.  
Package: 100 ml



Eranda Tail

- ⬆ Constipation
- ⬆ Evacuation hard stools
- ⬆ Increase appetite

Dosage: 15-30 ml with warm milk  
Package: 100 ml



Face Pack

- ⬆ Fairness
- ⬆ Pimples
- ⬆ Black spots

Dosage: Required quantity  
Package: 100 g



Honey

- ⬆ Weight reduction
- ⬆ Free radical Scavenger
- ⬆ Anti Oxidant

Dosage: 5-15 ml twice a day  
Package: 1 kg / 500 ml



Heel Crack Cream

- ⬆ Healing the foot cracks
- ⬆ Healing the roughness of the foot
- ⬆ Prevents heel cracks

Note: External application only  
Package: 30 g



Kunkumadi Lepam

- ⬆ Fairness of the face
- ⬆ Pimples
- ⬆ Black circles
- ⬆ Dryness of face

How to use: For dry skin - apply in day time, If oily - apply in night, keep entire night like that, then wash it  
Package: 20 g



Kesya Pragati Hair Oil

- ⬆ Hair nourishment
- ⬆ Hair growth
- ⬆ Prevent Hair loss

Usage: Apply required quantity of warm oil on scalp with mild massage.  
Package: 100 ml



Patoladi Kashayam Capsules

- ⬆ Skin elements
- ⬆ Liver stimulant
- ⬆ Immuno modulent

Dosage: 1-2 capsules twice a day  
Package: 60 cap.



Pushkara Moolam Capsules

- ⬆ Allergic Bronchitis
- ⬆ Allergic Rhinitis
- ⬆ Bronchial Asthma

Dosage: 1-2 capsules twice a day with warm water  
Package: 60 cap.



Madiphala Rasayanam

- ⬆ Nausea
- ⬆ Vomiting
- ⬆ Increase appetite
- ⬆ Giddiness

Dosage: 5-10 ml thrice a day  
Package: 100 ml



Mehanasa Anti-diabetic Powder

- ⬆ Madhumeha (Diabetes)
- ⬆ Prevents and controls Diabetes

Dosage: 3-5 g powder twice a day after food or as advised by the Physician  
Package: 250 g / 500 g



Neem Oil

- ⬆ Skin elements
- ⬆ Useful in bacteria and fungal infection

Dosage: External use only  
Package: 100 ml



Saraswathi Lehyam

- ⬆ Memory booster
- ⬆ Epilepsy
- ⬆ Alzheimer

Dosage: 3-5 g with warm milk  
Package: 500 g



Sresta Sowmya Shampoo

- ⬆ Cleaning of hair and scalp
- ⬆ Nourishment of hair

Dosage: Required quantity  
Package: 100 ml



Saindhava Lavanam

- ⬆ Muscular weakness
- ⬆ Useful in vata disorders

Dosage: Required quantity  
Package: 1000 g



Shuddhi Bath Powder

- ⬆ Herbal Scrubber
- ⬆ Skin tonicity improve

Dosage: Required quantity / External  
Package: 250 g / 500 g



Thripala Tablets

- ⬆ Digestion
- ⬆ Free radical scavenger
- ⬆ Constipation

Dosage: 2-4 tab at bedtime  
Package: 60 tab



Turmeric (Haldi) Powder

- ⬆ Anti bacterial
- ⬆ Liver stimulant
- ⬆ Immunomodulator

Dosage: Required quantity  
Package: 100 g / 250 g





### Foxtail Millets (Korralu)

Rich in dietary fibre. Rich in iron and copper. Reduces bad cholesterol. Strengthens immune system.



Package: 500 g

### Browntop Millets (Andu Korralu)

Alkaline in nature. Easy to digest. Hydrates the body. Acts as prebiotic feeding microflora. Magnesium reduces the effect of heart attacks. Prevents cardio-vascular disease. Gluten free and non-allergenic. High in protein content.



Package: 500 g

### Little Millets (Samalu)

Rich source of B-vitamins, minerals like calcium, iron, zinc and potassium. Helps in weight loss. Ideal part of Pongal or even Kheer.



Package: 500 g

### Barnyard Millets (Oodalu)

Ideal for weight loss. Rich fibre helps maintain satiety. Rich source of calcium and phosphorus. Good antioxidant profile.



Package: 500 g

### Kodo Millets (Arikalu)

Easy to digest. Rich in phyto-chemicals and antioxidants. Prevents occurrence of lifestyle diseases. Reduces knee and joint pains. Helps regularize menstruation in women.



Package: 500 g

#### PRAGATI BIOPHARMA PVT. LTD.

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[www.pragatiresorts.com](http://www.pragatiresorts.com)

### Amla Choornam

- ▲ Immuno modulator
- ▲ Gastric problems
- ▲ Digestive problems



Dosage: 3-5 g powder with warm water  
Package: 100 g

### Aswagandha Choornam

- ▲ General weakness
- ▲ Fatigue
- ▲ Vigor and Vitality
- ▲ Insomnia



Dosage: 3-5 g powder a day with milk  
Package: 100 g

### Avipattikar Choornam

- ▲ Hyperacidity
- ▲ Constipation
- ▲ Agni deepanam



Dosage: 1.5 g - 3 g with warm water  
Package: 100 g

### Bilva Phalamajja Choornam

- ▲ Irritable bowels
- ▲ Chronic and Acute amoebiasis
- ▲ Increasing of appetite



Dosage: 1.5 g with warm water  
Package: 100 g

### Dalchini Choornam

- ▲ Blood purifier
- ▲ Mental fitness
- ▲ Alzheimer's Prevention
- ▲ Cholesterol reducer
- ▲ Anti diabetic



How to use: 4-6 pinches with 5 ml of honey or lukewarm water  
Package: 100 g

### Hingwastaka Choornam

- ▲ Appetite will increase
- ▲ Indication in Mucus stool



Dosage: 3-5 g with buttermilk  
Package: 100 g

### Jamoon Beeja Choornam

- ▲ Anti diabetic



Dosage: 3-5 g with warm water  
Package: 100 g

### Pancha Sakara Choornam

- ▲ Constipation
- ▲ Bloated abdomen



Dosage: 3-5 g with warm water at bedtime  
Package: 100 g

### Saribadi Choornam

- ▲ Dysuria
- ▲ Skin problems
- ▲ Hot flashes



Dosage: 3-5 g twice a day with warm water  
Package: 100 g

### Seetophaladi Choornam

- ▲ Poor appetite
- ▲ Cough and cold
- ▲ Liver stimulant



Dosage: 3-5 g with warm water or honey  
Package: 100 g

### Thripala Choornam

- ▲ Digestion
- ▲ Free radical scavenger
- ▲ Constipation



Dosage: 3-5 g with warm water  
Package: 100 g

### Bhaskara Lavanam

- ▲ Poor appetite
- ▲ Spleen enlargement
- ▲ Colicky pains



Dosage: 3-5 g with buttermilk  
Package: 100 g



*Pragati Bio-Pharma*  
(Natural Bio formulations for you naturally)

# AYURVEDIC PRODUCTS

